IN THE SPECIFICATION:

Please replace paragraph [0018] with the following amended paragraph:

[0018] Referring initially to FIGURE 1, illustrated is a top isometric view with partial cutaway of one embodiment of a springable winding 100 constructed according to the principles of the present invention. The springable winding 100 includes a substantially planar conductor 110 having a dielectric insulation 120 thereabout. In one embodiment, substantially planar means that the conductor width $w_{\rm c}$ is substantially larger than the conductor height $h_{\rm c}$. The substantially planar conductor 110 includes a conductive, springable material that has first and second termini 131, 132.

Please replace paragraph [0036] with the following amended paragraph:

[0036] Referring now to FIGURE 6, illustrated is a flow diagram of an embodiment of a method, generally designated 600, of fabricating a magnetic device constructed according to the principles of the present invention. The method 600 starts at start step 610. At a step 620, a first terminus of a springable winding is formed from a substantially planar springable conductor. The springable winding may include one or more essentially planar conductors, each having two termini. The substantially planar conductor or wire has a dielectric insulation thereabout. A portion of the dielectric insulation about the termini of the springable winding may be removed to facilitate conduction between the termini and conductive portions of a substrate. In one embodiment, step 620 may further include coating the termini with an antioxidant, tin or its alloys, or other conventional

processes known by those skilled in the art, in order to provide corrosion resistance for the termini. At a step 630, the springable winding is formed by bending the springable conductor about a mandrel for a required number of turns. The springable winding may have a spring constant ranging from about 750 to about 2000 grams/inch. At a step 640, the second terminus of the springable winding is formed from the substantially planar springable conductor. One who is skilled in the art should readily understand that an alternative embodiment may include forming the springable winding from two or more substantially planar springable conductors.